



# COASTAL PLASTIC SURGERY

## MEDICATIONS, VITAMINS AND SUPPLEMENTS TO AVOID

Your safety in surgery requires that you disclose all medications, vitamins and supplements that you regularly take. In the 14 days prior to surgery, you will be required to stop taking certain medications, vitamins and supplements, both those you regularly take, and those that may be taken incidentally for pain or other symptoms.

Please notify our office of any new medications you begin taking after your consultation to ensure that they will not have a negative impact on your surgery. If you have taken a medication that may put you at risk, it may require that your surgery be rescheduled, or postponed. This is for your safety.

**Before you stop taking any prescription drugs, you must receive clearance from the prescribing physician.** Please notify our office immediately if you do not receive clearance to stop taking your prescribed medications.

**The following drugs could cause problems with surgery. If you are on these you must discuss this with the doctor. Patients who take these drugs may require laboratory tests and a consultation with their physician to determine when they may safely undergo a surgical procedure.**

Coumadin  
Xarelto  
Fragmin

Methotrexate  
Plavix  
Heparin

**Aspirin and aspirin-containing medications and anti-inflammatory agents should not be taken in the 2 weeks prior to some types of surgery.** Always read the active ingredients on any over the counter or prescription drug packaging. Attached is a listing of common drugs containing aspirin for your reference.

**All Herbal or Dietary Supplements should be stopped 2 weeks prior to surgery.** This includes vitamins, anti-oxidants supplements, as well as consumption of any form of Green Tea.

**There are several categories of additional medications that must not be taken in the 2 weeks prior to surgery.** A listing of these drugs is attached.



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**Aspirin (ASA) and aspirin containing medications, include, but are not limited to the following:**

<b>Alka Seltzer</b>	Encaprin	Pamprin
Anacin	Equagesic	<b>Percodan</b>
Aspirin Tablets	<b>Excedrin</b>	Propox Compound
ASA	Fiorinal	Robixisal
ASA + Codeine	Lortab ASA	Sine Off
Bufferin	Magnaprin	Sodium Salicylate
Butalbital Compound	Measurin	SOMA Compound
Carisprodal Compound	Medipren	Synalgos
Darvon Compound	Midol	Trigesic
Ecotrin	Momentum	Vanquish
Emprin Compound	Norgesic	
Emprin Compound #3	Orphengesic	

**Anti-inflammatory medications include but are not limited to the following:**

<b>Advil</b>	Feldene	<b>Naproxen</b>
Aleve	<b>Ibuprofen</b>	Nuprin
Anaprox	Ifen	Orudis
Ansaid	Indocin	Ovuvail
Butazoladin	<b>Indomethocin</b>	Phenylbutazone
Cataflam	Meclomen	Ruten
Clinoril	<b>Motrin</b>	Tolectin
Daypro	Nalfon	<b>Toradol</b>
Dolobid	<b>Naprosyn</b>	<b>Voltaren</b>

**Additional medications to avoid, include, but are not limited to the following:**

Chloratrimeton	Nicobid	Tetracycline
Clinoril	Oraflex	Triavil
Elavil	Pamelor	Vibramycin
Endep	Parnate	<b>Vitamin E</b>
Etiafon	Phendimetrazine	<b>Garlic</b>
Flagyl	Phentermine	
<b>Flexoril</b>	Ru-Tuss	
Imitrex	<b>St. John's Wort</b>	
Lioresal	Surmontil	
<b>Mutli-vitamins</b>	Tagamet	
Mysteclin F	Tenuate Dospan	